

**CLAIM AMENDMENTS**

Claims 1-10 (canceled)

11. (withdrawn) A method for reducing tobacco consumption of a human, while providing fresh breath, comprising:

preparing a compound comprising *Plantago major*;  
providing an additive for diminishing the odor characteristics of tobacco;  
combining said *Plantago major* and said additive to formulate a composition  
which diminishes tobacco consumption while diminishing the odor  
characteristics of tobacco; and  
orally administering said composition to a human.

12. (withdrawn) A method according to claim 11, wherein the oral administration is carried out through a spray.

13. (withdrawn) A method according to claim 11, further including formulating said composition into a liquid.

14. (withdrawn) A method according to claim 11, further including forming said composition into an orally dissolvable tablet.

15. (withdrawn) A method according to claim 11, where preparing a compound comprising *Plantago major* includes preparing said compound homeopathically.

16. (withdrawn) A method according to claim 11, where preparing a compound comprising *Plantago major* includes preparing said compound through alcohol extraction.

17. (withdrawn) A method according to claim 11, where preparing a compound comprising *Plantago major* includes preparing said compound through water extraction.

Claims 18-25 (canceled)

26. (new) An orally administered composition for reducing tobacco consumption, comprising:

- a base ingredient;
- a homeopathic preparation of *Plantago major*; and
- an effective amount of an additive for diminishing the odor characteristics of tobacco.

27. (new) A composition according to claim 26, wherein said additive for diminishing the odor characteristics of tobacco includes a masking agent.

28. (new) A composition according to claim 27, wherein said masking agent includes one of mint, licorice, cherry, cinnamon, spearmint, peppermint, anis, garlic, cloves and coffee.

29. (new) A composition according to claim 26, wherein said additive for diminishing the odor characteristics of tobacco includes an antiseptic agent.

30. (new) A composition according to claim 29, wherein said antiseptic agent includes one of an antiseptically effective amount of alcohol, thymol, menthol, eucalyptol and methyl salicylate.

31. (new) A composition according to claim 26, wherein said additive for diminishing the odor characteristics of tobacco includes a neutralizing agent.

32. (new) A composition according to claim 31, wherein said neutralizing agent includes one of bicarbonate or an effective salt thereof, citrus extract and citric acid.

33. (new) A composition according to claim 26, wherein said base ingredient is in liquid form.

34. (new) A composition according to claim 26, wherein said base ingredient is in solid form.

35. (new) An orally administered composition for reducing tobacco consumption, comprising:

a spray canister;

a base ingredient;

a homeopathic preparation of *Plantago major*; and

an effective amount of an additive for diminishing the odor characteristics of tobacco;

wherein said canister contains said composition for spraying into the mouth of a person in need thereof.

36. (new) A composition according to claim 35, wherein said additive for diminishing the odor characteristics of tobacco includes a masking agent.
37. (new) A composition according to claim 36, wherein said masking agent includes one of mint, licorice, cherry, cinnamon, spearmint, peppermint, anis, garlic, cloves and coffee.
38. (new) A composition according to claim 35, wherein said additive for diminishing the odor characteristics of tobacco includes an antiseptic agent.
39. (new) A composition according to claim 38, wherein said antiseptic agent includes one of an antiseptically effective amount of alcohol, thymol, menthol, eucalyptol and methyl salicylate.
40. (new) A composition according to claim 35, wherein said additive for diminishing the odor characteristics of tobacco includes a neutralizing agent.
41. (new) A composition according to claim 40, wherein said neutralizing agent includes one of bicarbonate or an effective salt thereof, citrus extract and citric acid.

42. (new) A composition according to claim 35, wherein said base ingredient is in liquid form.
43. (new) An orally administered composition of reducing tobacco consumption, comprising;
- a base ingredient;
  - a homeopathic preparation of *Plantago major*; and
  - a predetermined amount of breath freshening additive;
- wherein said additive is the primary odor perceived upon exhalation.
44. (new) A composition according to claim 43, wherein said additive for diminishing the odor characteristics of tobacco includes a masking agent.
45. (new) A composition according to claim 44, wherein said masking agent includes one of mint, licorice, cherry, cinnamon, spearmint, peppermint, anis, garlic, cloves and coffee.
46. (new) A composition according to claim 43, wherein said additive for diminishing the odor characteristics of tobacco includes an antiseptic agent.
47. (new) A composition according to claim 46, wherein said antiseptic agent includes one of an antiseptically effective amount of alcohol, thymol, menthol, eucalyptol and methyl salicylate.

48. (new) A composition according to claim 43, wherein said additive for diminishing the odor characteristics of tobacco includes a neutralizing agent.
49. (new) A composition according to claim 48, wherein said neutralizing agent includes one of bicarbonate or an effective salt thereof, citrus extract and citric acid.
50. (new) A composition according to claim 43, wherein said base ingredient is in liquid form.
51. (new) A composition according to claim 43, wherein said base ingredient is in solid form.